

STRONGER TOGETHER: **CONNECTION** Prevents Violence



What is DVAP?

Domestic Violence Awareness & Prevention month is a time to raise awareness, support survivors, and strengthen the relationships and communities that help prevent violence.



Our 2026 Focus

This year, Sheltering Wings is highlighting the power of **connection**. When families and communities feel supported, safe, and connected, violence has less room to grow.

SHELTERING WINGS



Scan to learn more



Ways to CONNECT

Try one small moment of
connection this week:

- ☐ Eat a meal together
- ☐ Share a good thing from your day
- ☐ Take a walk together
- ☐ Read a book or tell a story
- ☐ Play a game
- ☐ Cook or bake together
- ☐ Have a screen-free hour
- ☐ Let each person choose an activity
- ☐ Look through old photos together
- ☐ Make a playlist together
- ☐ Build a blanket fort

Connection doesn't have to be complicated. Small moments can help families feel seen, heard, safe & supported.

24-Hour Helpline: 317-745-1496

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