

Partner Kit

SHELTERING WINGS

October is Domestic Violence Awareness and Prevention Month

This kit is filled with tools to help you raise awareness, spark conversations, and take action in your community. From social media resources to event ideas, every piece helps us move closer to a world free from abuse.

Together, we are a voice for hope and healing.

What's Included



Welcome Letter

An overview of the month's goal, the materials included here, and opportunities to continue to partner.



Informational Materials

Statistics about domestic violence in Indiana and Sheltering Wings.



Social Media Toolkit

Sample graphics and messages to help you spread awareness.



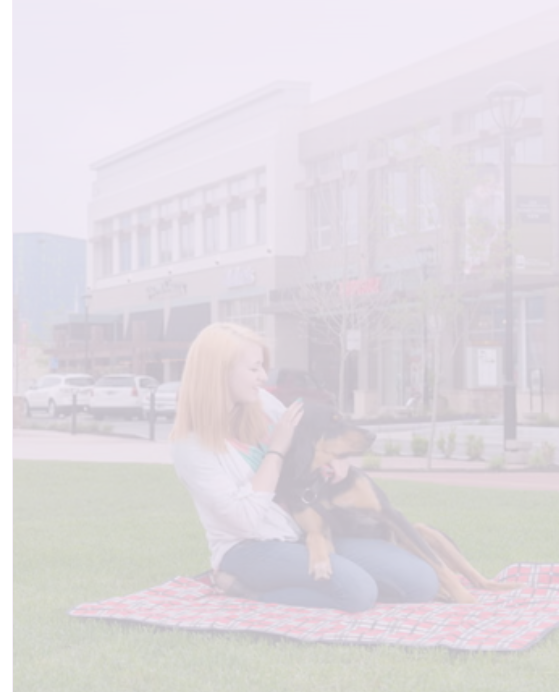
Engagement Ideas

DVAP events, as well as other opportunities to get involved with Sheltering Wings.



School Leader Guide

Tips, guides, materials, and suggestions for classroom & family involvement.





Domestic Violence Awareness and Prevention Month

Dear Partner,

This October, as we observe **Domestic Violence Awareness & Prevention (DVAP) Month**, we are focusing inward. At Sheltering Wings, we believe that the path to preventing domestic violence starts with strong individuals — people who are building solid internal foundations that can lead to stronger, healthier futures.

Our 2025 theme, “**Strong Foundations – Stronger Futures**,” highlights the importance of personal development through the lens of the **Search Institute’s 40 Developmental Assets**. Specifically, we are concentrating on four internal asset categories that support resilience, healthy decision-making, and long-term well-being (find more information on these four internal assets on the next page).

In this kit, we’ll provide materials, tools, and reflections designed to encourage personal growth in these areas. By investing in our internal foundations, we equip ourselves — and those we influence — to break cycles of violence and build a future rooted in confidence, compassion, and clarity.

Together, let’s reflect, grow, and commit to building **strong foundations for a stronger future**.

Learn more and access DVAP Month materials at ShelteringWings.org/DVAP

With appreciation,
The Sheltering Wings Team

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Domestic Violence Awareness and Prevention Month

DVAP Month 2025 | "Strong Foundations - Stronger Futures"

Focus: Internal Assets for Personal Growth

Personal development is a powerful tool in preventing domestic violence. When individuals are grounded in strong internal assets, they are better equipped to make healthy choices, set boundaries, and form respectful, loving relationships. Below are the 4 internal assets we are focusing on this month.



Commitment to Learning

Cultivating a mindset of growth and a love for learning strengthens our ability to adapt, set goals, and overcome challenges.



Positive Values

Embracing core values such as integrity, responsibility, and caring helps guide our actions and decisions, even in difficult circumstances.



Social Competencies

Developing skills like conflict resolution, empathy, and resistance to negative peer pressure empowers us to build respectful relationships and maintain boundaries.



Positive Identity

Understanding our worth, recognizing our strengths, and maintaining a hopeful outlook contribute to a strong sense of self and purpose.



Commitment to Learning

What it looks like to build this internally:

You value personal growth and seek opportunities to expand your understanding — both in and out of school or work. You're curious, motivated, and open to new information and perspectives.

How It Might Show Up:



Adults

- You stay engaged and focused during learning opportunities.
- You ask questions and seek clarity instead of avoiding what's confusing.
- You read, watch, or listen to things that challenge your thinking.
- You're willing to try something new, even if it's unfamiliar at first.



Children/Youth

- A student regularly completes homework and asks questions in class.
- A teen reads for fun or watches educational videos outside school.
- A child is excited about joining a science club or learning a new skill.
- A youth volunteers to help tutor others or lead a group project.

How to Promote in Community Settings:

Setting	Example
Church	Host Bible study groups or classes for all ages that emphasize personal growth; offer learning-based volunteer roles (e.g., running sound, planning events); recognize lifelong learners in the congregation.
Business	Provide access to professional development, workshops, and lunch-and-learns; create a "culture of curiosity" where asking questions is encouraged; start a company book club.
Civic Group	Invite guest speakers on relevant social issues; offer skill-building activities (e.g., public speaking, advocacy training); organize field trips to local museums or nonprofits.
School	Promote growth mindset language in classrooms; reward curiosity and effort, not just achievement; offer clubs focused on different interests (STEM, art, writing, etc.).





Positive Values

What it looks like to build this internally:

You try to live with integrity and treat others — and yourself — with care and respect. Your values guide your choices, even when it's difficult.

How It Might Show Up:



Adults

- You choose honesty, even when it's uncomfortable.
- You apologize when you've hurt someone and make it right.
- You speak kindly to yourself, especially in moments of struggle.
- You think about how your actions affect others, and you aim to be fair.



Children/Youth

- A student chooses not to cheat, even when it's easy to do so.
- A middle schooler stands up for someone being bullied.
- A youth admits a mistake and works to make it right.
- A child helps a classmate pick up dropped materials without being asked.

How to Promote in Community Settings:

Setting	Example
Church	Model values like compassion, honesty, and forgiveness in sermons and service projects; offer youth leadership roles where they can practice integrity; host intergenerational mentoring.
Business	Incorporate value statements into daily work; recognize employees for demonstrating integrity, respect, or accountability; create ethics-focused discussion spaces or challenges.
Civic Group	Lead service projects aligned with community values (e.g., supporting neighbors in need); encourage respectful debate and dialogue; adopt a shared code of conduct.
School	Use classroom agreements that focus on respect and kindness; highlight a "value of the month" with related activities; lead discussions about real-life ethical dilemmas.





Social Competencies

What it looks like to build this internally:

You're working on understanding others, communicating clearly, and managing your emotions in social situations. You make decisions that align with your values — even under pressure.

How It Might Show Up:



Adults

- You take a breath before reacting when upset.
- You practice listening without interrupting or assuming.
- You ask for help or support when you need it.
- You set boundaries and stand up for yourself in respectful ways.



Children/Youth

- A teen listens actively and communicates clearly during a disagreement.
- A student includes others who are left out or new to the group.
- A youth calmly walks away from a potential fight and seeks help.
- A child asks an adult for help navigating a tricky friendship issue.

How to Promote in Community Settings::

Setting	Example
Church	Offer conflict resolution or communication workshops; encourage small group participation; model healthy relationship skills in leadership interactions.
Business	Provide DEI (Diversity, Equity & Inclusion) or interpersonal skills training; promote team-based projects; encourage peer recognition for collaboration and empathy.
Civic Group	Host workshops on active listening, advocacy, or consensus-building; create mixed-age committees for shared leadership; provide space for open, respectful dialogue.
School	Teach emotion regulation and communication through SEL (social-emotional learning); include role-play or journaling; practice group norms that emphasize kindness and inclusion.





Positive Identity

What it looks like to build this internally:

You're learning to see your worth, believe in your ability to grow, and stay grounded in who you are — even when life is hard. You hold hope for your future and believe your story matters.

How It Might Show Up:



Adults

- You notice and celebrate your strengths and growth.
- You remind yourself that you are more than your mistakes.
- You explore what gives you purpose and meaning.
- You believe that your voice, goals, and dreams are valuable.



Children/Youth

- A youth says, "I'm proud of who I am," and believes they can overcome challenges.
- A teen explores different career paths based on their strengths and interests.
- A student bounces back after a failure and sees it as a learning opportunity.
- A child confidently shares their opinion during group discussions.

How to Promote in Community Settings:

Setting	Example
Church	Speak on purpose, hope, and identity in sermons; offer affirming spaces for youth and adults to share their stories; celebrate each person's gifts and contributions.
Business	Encourage personal goal setting and reflection; highlight individual strengths and diverse backgrounds in team meetings; support employee resource groups.
Civic Group	Create platforms where members share personal journeys; acknowledge volunteer efforts publicly; design projects that align with members' passions and talents.
School	Offer self-reflection journals or identity-based projects; support clubs or groups that affirm identity (e.g., cultural groups, GSA); recognize students for effort, character, and resilience.





Domestic Violence in Indiana

*Domestic violence is not just a personal issue — **it's a community issue.** In Indiana, 1 in 3 women and 1 in 4 men will experience intimate partner violence in their lifetime. Our state ranks 5th in the nation for rates of abuse against women, and each year, lives are lost and families are torn apart. Yet, more than 90% of shelter requests go unmet, and many survivors struggle to access safety and support. As **trusted community partners**, we play a critical role in recognizing the signs, responding with compassion, and working together to build safer, healthier communities for all.*

42.5% of Indiana women and 27.9% of Indiana men experience intimate partner physical violence, sexual violence and/or stalking in their lifetimes.

Domestic violence accounts for 20% of all violent crime in Indiana.

65% of all murder-suicides involved an intimate partner; 96% of the victims of these crimes are female.

Indiana has the 5th-highest rate of domestic violence against women nationally.

Indiana also received an "F" grade from BreakTheCycle.org, indicating high DV rates, inadequate legal protections, and nearly 95% of shelter requests unmet.



Sheltering Wings Mission

Sheltering Wings Center for Survivors has provided services for survivors escaping domestic abuse since 2002. We build stable and independent lives through essential programs offered in a supportive and Christ-centered environment.

Programs and Services

Sheltering wings is a comprehensive care hub for survivors of abuse and their children. We're the only domestic violence shelter in Hendricks County and one of the two largest in Indiana. Our services include:

- 24/7/365 helpline
- Emergency shelter and housing help
- Victim advocacy, including protective order filing
- Stability-building programs and case management
- Counseling and emotional stabilization programs
- Children & Youth programming
- Community training and education
- Youth and teen domestic and dating violence prevention

By the Numbers

Sheltering Wings serves all of Central Indiana (and beyond), including Marion, Boone, Hendricks, and Hamilton counties.

In 2024:

- 1,592 helpline calls answered
- 313 adults and children served through shelter and community-based programs
- 13,441 community members educated

**If you or someone you know is
experiencing abuse, we can help.
Please call our 24/7 helpline at
317-745-1496
or visit ShelteringWings.org.**



Social Media Tool Kit

Thank you for supporting our efforts during Domestic Violence Awareness & Prevention Month. This year's theme — "Strong Foundations – Stronger Futures" — reminds us that lasting change begins from within. By nurturing qualities like self-worth, integrity, empathy, and a commitment to growth, we lay the groundwork for safer, healthier futures. This toolkit is designed to help you share messages that inspire personal reflection and promote strong internal foundations in yourself and others.

Relevant Hash Tags

#DVAPM #EndDomesticViolence #HealthyRelationships #ShelteringWings

Social Media Content

Download graphics and use the accompanying suggested text or be inspired to create your own post for LinkedIn, Facebook, Instagram, or X (formerly Twitter) or for other presentations.

Shared Content

Follow us on social media for quick and easy ways to share impactful content throughout Domestic Violence Awareness & Prevention Month.



Strong Foundations - Stronger Futures

SHELTERING WINGS

Social Media Content

Download graphics and use the accompanying suggested text or be inspired to create your own post for LinkedIn, Facebook, Instagram, or X (formerly Twitter) or for other presentations.



CAPTION: Your voice matters. Domestic violence affects so many lives, but together we can break the cycle. Share this message, raise awareness, and help us build stronger, safer communities. (Purple Heart Emoji) Visit ShelteringWings.org/DVAP to take action. #DVAPM #EndDomesticViolence #HealthyRelationships #ShelteringWings



CAPTION: When we invest in strong foundations, we build stronger futures. Together, we can break the cycle of domestic violence and create communities where everyone thrives. (Purple Heart Emoji) Learn more at ShelteringWings.org/DVAP. #DVAPM #EndDomesticViolence #HealthyRelationships #ShelteringWings



Domestic Violence Awareness and Prevention Month

Social Media Content

Download graphics and use the accompanying suggested text or be inspired to create your own post for LinkedIn, Facebook, Instagram, or X (formerly Twitter) or for other presentations.



CAPTION: This October, we unite with Sheltering Wings to break the silence on domestic abuse. Together, we can raise awareness, support survivors, and create change. Every voice matters. (Purple Heart Emoji) Visit ShelteringWings.org/DVAP to learn more.

#DVAPM #EndDomesticViolence #HealthyRelationships #ShelteringWings



Events

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Danville National Night Out Against Crime

Visit our booth at Town Hall from 5:30-7:30 pm. We'll also have a booth set up for Men IN Action information.

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Brownsburg National Night Out Against Crime Plainfield National Night Out Against Crime

Visit our booths at both events. We'll also have a booth set up for Men IN Action information.

Brownsburg: Arbuckle Park from 5:30-7:30 pm.

Plainfield: Hummel Park from 5:30-7:30 pm.

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Purple in the Pews

Everyone is encouraged to wear purple to church on the Sunday before Purple Thursday as a symbol of our shared commitment to domestic violence awareness within our faith community.

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Purple Thursday

On National Wear Purple Day, everyone is encouraged to wear all things purple as a symbol of peace, courage, survival, honor, and personal commitment to raising awareness about domestic violence.

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True Revival Concert Fundraiser

Join us at Plainfield Christian Church for a concert fundraiser, benefiting Sheltering Wings. This family-friendly event features bounce houses, hot dogs, burgers and Christian rock music. Food served 6:00-7:00 pm. Concert 7:00-9:00 pm. Enter Door 3 for Fellowship Hall.

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Fall Fest

Visit our trunk-or-treat station in Avon at the HRH YMCA from 6:30-9:00 pm. We'll be passing out candy, smiles, and resources.

25

Sat-Terror Day

Visit our booth at Talon Stream Park in Plainfield from 11:00 am-1:00 pm. We'll be passing out candy, smiles, and resources.

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Ghosts & Goblins

Visit our booth at Washington Township Park in Avon from 1:00-5:00 pm. We'll be passing out candy, smiles, and resources.



Dine to Donate

Support our mission just by enjoying a meal! Visit any of the participating restaurants listed below on their scheduled dates, and a portion of your purchase will be donated to help us continue our work. Be sure to mention our organization when you order — every bite makes a difference!

Cunningham Restaurants - October 23

Dine at any CRG restaurant in Hendricks County

Survivor Art Fair

Visit our Survivor Art Fair, a moving display of creativity and resilience, hosted by the Hendricks County Fairgrounds. Artwork created by survivors will be showcased in the display cases and can be viewed anytime the Fairgrounds office is open. Each piece tells a story of strength and hope. Information will also be posted on how to purchase art, with proceeds supporting survivors and their healing journeys.

On display throughout October

Hendricks County Fairground Main Building: 1900 E. Main St., Danville

Viewing open anytime the building is open.



Partnership Opportunities

We're incredibly grateful for your partnership — and we believe even greater impact is possible when we work together. Whether you're already engaged or are looking for new ways to support our mission, here are several meaningful ways to deepen your involvement:

Host a Training

Invite us to speak at your business, school, or faith group to raise awareness about domestic violence and promote healthy relationships.

Sponsor a Program or Event

Support a specific initiative — like teen dating violence prevention, survivor support services, or community trainings — with a financial or in-kind gift.

Provide Employee Volunteer Opportunities

Offer your staff paid volunteer time or group service days to help with events, facility projects, or donation drives.

Donate Goods or Services

Contribute items from our current needs list (e.g. hygiene products, household supplies) or offer professional services like printing, design, or maintenance.

Promote Our Work

Share our campaigns, events, and educational posts on your platforms to help us reach a wider audience.

Create a Custom Collaboration

Let's get creative! We're always open to new ideas that align with your mission and values — from co-branded events to ongoing partnerships.

For inquiries regarding training or prevention, please reach out to Jarod.

Jarod Haskell (317) 386-5053

For sponsorship, donation, or volunteer opportunities, please reach out to Paige.

Paige Vanzo (317) 386-5049

To learn more, visit ShelteringWings.org



School Leader Guide to Domestic Violence

Support for Principals, Counselors & Education Professionals

Why this matters in schools...

Domestic violence deeply affects students and their families. Exposure to abuse at home impacts a child's emotional development, academic performance, behavior, and mental health. As a school leader, you may be the first trusted adult to notice the signs and offer support.

In Indiana, over 42% of women and nearly 28% of men have experienced intimate partner violence. Many of their children walk through your doors every day. Schools are a critical front line in prevention, early intervention, and healing.

Recognizing the signs in students...

Children exposed to domestic violence may:

- Exhibit sudden changes in behavior, grades, or attendance
- Appear anxious, withdrawn, or aggressive
- Show signs of trauma, fatigue, or hypervigilance
- Have unexplained injuries or report feeling unsafe at home
- Display difficulty concentrating or regulating emotions

How to Support Students and Families...

DO:

- Build trusting relationships and listen without judgment
- Follow your school's reporting protocols for suspected abuse
- Refer families to community-based domestic violence resources
- Collaborate with school counselors, social workers, and nurses
- Ensure confidentiality and safety in communication with students

DON'T:

- Investigate or question the child in depth yourself
- Disclose concerns to the suspected abuser
- Assume every behavioral issue stems from abuse — but remain curious and compassionate
- Ignore repeated signs or minimize disclosures



School Leader Guide to Domestic Violence

Support for Principals, Counselors & Education Professionals

Ways schools can be proactive...

- Offer professional development on trauma-informed practices and DV awareness
- Implement or support social-emotional learning (SEL) curricula that teach healthy relationships and conflict resolution
- Share resource flyers in offices, bathrooms, and staff rooms
- Provide safe, consistent adult relationships for students in unstable homes
- Partner with Sheltering Wings to support prevention programs or in-school advocates
- Participate in awareness campaigns like Domestic Violence Awareness & Prevention Month (October) or Teen Dating Violence Awareness Month (February)

Resources for schools and families...

- National Domestic Violence Hotline: 800-799-SAFE (7233)
- Indiana Coalition Against Domestic Violence: icadvinc.org
- Sheltering Wings: ShelteringWings.org 24/7 hotline (317) 745-1496
- Indiana 211 Helpline: in211.org

A safe adult can change everything...

Educators are often lifelines for students in unsafe environments. By responding with empathy, providing safe spaces, and connecting families to support, school leaders help break the cycle of violence and promote lasting healing.

For inquiries regarding training or prevention, please reach out to Jarod Haskell at (317) 386-5053.

If you or someone you know is facing abuse, we can help.
Call our 24/7 Helpline at 317-745-1496 or visit ShelteringWings.org.

