

# Wish List

**[ note: we can only  
accept new items ]**

## CHRISTMAS 2024

By providing these necessities, you are helping our residents escape domestic violence and build stable, independent lives. Your donations mean we can continue to provide the highest level of care, case management, life-skills training and hope to the women, men and children who need Sheltering Wings. Thank you!

### ESSENTIALS

Stock our most-needed items

- Paper towels
- Toilet paper
- Aluminum foil
- Laundry pods
- Kroger, Walmart, or Aldi gift cards - Groceries for the week cost over \$250
- Boxes of single-dose tablet packets of over-the-counter medications (pain relievers, Benadryl, etc.)

### KITCHEN & PANTRY

The kitchens are the hub of life for residents and their children

- Coffee
- Creamer (powdered)
- Ramen noodles
- Hamburger/Tuna Helper
- Shelf-stable Vegan & veggie foods
- Individually wrapped cookies, chips and crackers
- Chicken, beef, or veggie bouillon
- Fruit snacks
- Apple juice
- Instant mashed potatoes
- Meat for our freezer (1 lb. rolls)
- Sugar, baking mixes, and spices
- Disposable plastic containers
- Kitchen sponges/scouring pads
- Napkins
- Gallon freezer and storage bags
- Plastic wrap

### AFTER CARE ITEMS

Help residents move to their home

- Sets of dishes and drinking glasses
- Baking dishes and cookie sheets
- Storage container sets
- Mixing bowls and baking utensils
- Small electric appliances (crockpots, microwaves, blenders, toasters)
- 20" x 20" x 15" cardboard moving boxes

### RESIDENT ROOMS

Help our residents feel at home

- Twin-size comforters
- Standard-size pillows
- Standard-size pillowcases
- Bath towels
- Mesh shower caddies
- Small personal fans

### HELP STOCK THE NOOK

Residents treat themselves and learn budgeting by shopping the Nook.

- Wallets and purses
- Grooming kits
- Specialty lotions and body wash
- Perfume and cologne
- Men's items
- Teen items

### CLEANING SUPPLIES

- Residential-use ice melt
- Laundry stain removers
- Laundry baskets
- Hand soap (small bottles)
- Disinfectant spray and wipes
- Laundry pods

### HYGIENE ITEMS

Provide basic residents needs

- Ethnic shampoo, conditioner and oil
- Hair spray and styling products
- Hairbrushes
- Facial cleanser
- Tissues
- Eye drops
- Contact solution
- Men's hygiene items

### RECREATION

Help residents relax and have fun.

- Small journals
- Adult coloring books and colored pencils
- Headphones and earbuds

### BUSINESS

Office supplies help our staff keep taking care of business.

- Postage stamps
- White cardstock
- Copy paper
- Sharpies (black and multicolor sets)
- Manilla and pocket folders
- Gas cards (Speedway, BP, Circle K)
- Batteries (AA and AAA)
- Candy for community booths
- Packing tape

### LITTLE ONES

Roughly 50% of our residents are kids, and many of them are babies

- Outlet covers
- Children's over-the-counter medication
- Fidget toys

### DROP OFF

Items can be dropped off weekdays from 9am-5pm at Sheltering Wings.

### QUESTIONS?

Contact Jess at (317) 386-5056 or [jjones@shelteringwings.org](mailto:jjones@shelteringwings.org).

[shelteringwings.org/wish-list](https://shelteringwings.org/wish-list)

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