

Hi there!

Will you help us get better?

Please take a moment to answer five questions.

The survey here will help us know who we're reaching and what you like. Your honest feedback is a HUGE help.

Survey Questions:

- 1. Did you open and read this newsletter? If so, please send this page back to us in the enclosed envelope!
2. How often do you open and read (or skim) our newsletters?
3. What part of the newsletter do you most enjoy?
4. What do you want to see more (or less) of?

Is this newsletter your primary way of hearing about our work?

Yes No

If no, where else do you follow us?

- 5. Do you like getting a physical copy of the newsletter, or would you prefer a digital e-newsletter (the content would remain the same)?

Physical copy mailed to me Digital copy sent to my email

Over ->



Donors and sponsors protect our families and provide safety and stability. A very special thank you our Premier Event sponsors, attendees and volunteers who joined us to celebrate 20 years of safety at Full Speed Ahead on April 23! Thanks to your support more than \$215,000 was raised at the event.



PLATINUM SPONSORS



TITANIUM SPONSORS



GOLD SPONSORS

Hendricks County ICON, Hendricks Regional Health, IU Health West, Marriott IndyPlace Downtown, Steel Dynamics, T&W Design & Build, UN Communications Group, Variax Health

SILVER SPONSORS

Donovan CPAs, First Financial Bank, Ray's Trash Service, Inc., Terry Judy for Sheriff

Shared Blessings

You help survivors like Jenny find their joy and start again.

Jenny broke her cycle of abuse and addiction by coming to Sheltering Wings. Her case manager worked closely with her to find help for substance abuse and to find permanent housing. Here's what Jenny shared with us:

"A year ago, I was so unhappy and lost. I knew my marriage wasn't normal and it couldn't continue. I was coping through drugs and alcohol. I wanted out, and I needed change, but I didn't know how.

My husband was verbally, physically, spiritually, financially, and digitally abusive to me. We lived with my father-in-law, and he too abused me.

They wouldn't let me work... so I was completely dependent on them.

I didn't know what, but I knew I had to do something.

One day while my husband was at work and my father-in-law was napping, I packed my car with as much as I could and I left. I went to my aunt's house and called many shelters--desperately looking for a place to go. When I called Sheltering Wings, I knew it was where God wanted me to go.

The staff showed me so much love, even when I didn't love myself. My case manager gave me direction and helped me build a support system.



My journey to a new life has been better than I could have ever imagined.

Today, I am sober and living in a brand-new apartment! I am thankful every day and all day long for the people who have made this possible for me. I can't wait until I can start giving back to Sheltering Wings. I might be able to help someone like me down the road.

"I wanted out, and I needed change, but I didn't know how."

Names in survivor stories may be changed for their protection.

Healthy Me. Stronger Us. So far this year, we've answered 334 HELPLINE CALLS, welcomed 87 NEW RESIDENTS and helped 16 RESIDENTS move to safe housing.

Someone you know tells you they're being abused. Do you know how to respond?



Answers to this question and more are available at FreedomIDeserve.com. Spending just five minutes on this website today could save a life tomorrow.

It's often a friend or loved one survivors turn to first when they're abused. It's up to all of us to know how to help.

Visit FreedomIDeserve.com for easy-to-follow help for anyone—victims, friends and family, employers and coworkers, and faith leaders.

Another great step? Attend or organize a free training.

We offer many trainings, including understanding domestic violence, domestic violence in the workplace, church, and other settings, teens and dating violence.

Our materials are customizable and we'd love to get you scheduled for an existing training or bring a training to your group.

See the trainings below for more information!

Here are a few response guidelines:

Are you prepared if someone in your life tells you they are being abused? The first words they hear can make a major difference in the next steps they take. We're here to help you be ready.

- Express concern
- Reassure them it's not their fault
- Be supportive and non-judgmental
- Help them develop a safety plan
- Remember it is their choice to leave

SIGN UP FOR A FREE TRAINING TODAY!

All sessions will take place at Sheltering Wings.

JUN 19

Everyone's an Asset Builder

Combat adverse childhood experiences and build resilient youth.

JUL 14

Building Developmental Relationships

Learn the 5 key elements that make young people's relationships powerful.

SEP 20

Domestic Violence and the Workplace

Be a leader. Learn to recognize abuse and keep employees safe.

OCT 3

Understanding Domestic Violence

Learn the signs, why they stay and how to help.

REGISTER for these trainings at shelteringwings.org/event. Schedule a custom training at your workplace, church or social group by contacting **Melissa Echerd** at **(317) 386-5061** or mecherd@shelteringwings.org.

Celebrate Christmas in July with us!

We celebrate Christmas in July to spread Christmas cheer and replenish low supplies through the second half of the year.



Here's how you can help: Give. Gather. Share.

Give: Donors make our work possible. Sheltering Wings is a small organization and every dollar makes a difference for our families. Donations of all types and sizes keep our doors open for those who need us.

Gather: Hold a Wish List drive with your church, business or group.

Share: Spread the word to your friends and community about helping survivors – and to people who need our services. Follow our social media accounts and share our materials.

Whether you give, gather or share, you will build stable, independent lives. Visit shelteringwings.org/christmasinJuly or call **Paige Vanzo** at **(317) 386-5049**.

When "Ending Domestic Violence" Feels Too Big

Please know that there is no effort you can make that's too small.

Something we often hear is that folks want to help end domestic violence but don't know where to start. We get it. The problem of abuse seems so large that it can feel like too much to try. The good news: *anything you can do will help.* Here are some ways to get involved now:

- **Mark your calendar for Domestic Violence Awareness & Prevention Month:** October is National Domestic Violence Awareness and Prevention Month! Stay tuned for ways you can get involved!
- **Volunteer:** There's a place for you to volunteer at Sheltering Wings! Visit shelteringwings.org/volunteer to learn more.
- **Join our staff:** We have several openings! Share this info or take a look at shelteringwings.org/get-involved/careers/
- **Check out our Shelter News page:** visit shelteringwings.org/shelter-news to find blog posts, press releases, and more!

Donor Spotlight

Spotlight on our "Life Changer" Sponsors In this issue we're putting the spotlight on our "Life Changer" Annual Sponsors. Both long-time supporters, their generosity continues to help our clients build stable, independent lives all year long! **THANK YOU!**



West Hospital IU Health West Hospital is a special place to give and receive healthcare services, and was built with the comfort and needs of patients, visitors and caregivers in mind. It is a place where patients can set aside stressful distractions and focus on what's important: getting well.



Pools of Fun Since 1981, Pools of Fun has focused on living their "people first" policy. They are Indiana's largest pool company and offer an extensive range of designs, environments, styles, and features to suit backyards and budgets of all sizes.

Wish List Essentials

- Shampoo, conditioner, and oil for ethnic hair
- Individual packets of infant Tylenol
- Kraft Mac and Cheese boxes
- Aloe lotion
- Individual packets of cough and cold medications
- 10-gallon trash bags
- Men's body wash
- Large print NIV Bibles
- Postage stamps
- Cloth and silicone baby bibs

Yes! I will give to protect the families this Christmas in July!

To donate online, visit shelteringwings.org/christmasinJuly.

Please use my credit card to make a monthly gift of: \$ _____

I cannot give monthly at this time but would like to make a one-time donation with my credit card of: \$ _____

I've enclosed check # _____ for \$ _____.

My employer will match my donation

Please charge my: VISA MC DISC AMEX

Card Number: _____

Expiration Date: _____ CVV: _____

Your Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

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