

The six types of abuse

What constitutes domestic violence?

Domestic Violence can come in the form of emotional, economic, spiritual, digital, physical, or sexual abuse.

Emotional abuse

- Threats and intimidation
- Ignoring or excluding
- Isolation
- Humiliating
- Denial of the abuse and blaming of the victim
- Hurting an animal
- Damaging Property

Economic abuse

- Taking money or cards
- Racking up debt
- Ruining credit
- Forbidding work or education
- Forcing partner to hand over paychecks
- Canceling insurance or cards
- Sabotaging partner's job
- Demanding partner account for every penny
- Hidden accounts

Physical abuse

- Slapping or hitting
- Shoving
- Grabbing
- Hair pulling
- Biting
- Throwing objects
- Using a weapon
- Pinching
- Shaking
- Choking



Spiritual abuse

- Misuse/abuse of scripture
- Threats of divine punishment
- Prohibiting church attendance
- Forcing unwanted religion
- Spiritual ridicule

Digital abuse

- Monitoring social media friends
- Spies using social media
- Negative, insulting or threatening posts or messages
- Sends explicit images and demands you do the same
- Steals or demands passwords
- Sends constant texts or messages
- Looks through your phone or computer

Sexual abuse

- Rape
- Interfering with birth control
- Forced participation in pornography
- Demeaning comments
- Pressure to engage in unwanted activity
- Threatening to pursue sex with others
- Refusing to wear a condom

To learn more about preventing domestic violence in your church, or if someone needs assistance, call the **Sheltering Wings 24/7 helpline** at (317) 745-1496.

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