## OUR SUMMER SCHEDULE

Making the most of our time together

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 8 am |  |  |  |  |  |
| 9 am |  |  |  |  |  |
| 10 am |  |  |  |  |  |
| 11 am |  |  |  |  |  |
| Noon |  |  |  |  |  |
| 1 pm |  |  |  |  |  |
| 2 pm |  |  |  |  |  |
| 3 pm |  |  |  |  |  |
| 4 pm |  |  |  |  |  |
| 5 pm |  |  |  |  |  |
| 6 pm |  |  |  |  |  |
| 7 pm |  |  |  |  |  |
| 8 pm |  |  |  |  |  |
| 9 pm |  |  |  |  |  |
|  | hy Me. Strong | gs.org \| P.O. Box | 122 \| $24 / 7$ helpline (3 |  |  |

