



# Shared Blessings

*Then the King will say, "I'm telling the solemn truth: Whenever you did one of these things to someone overlooked or ignored, that was me—you did it to me." Matthew 25:40*



## The Start of a Healthy Me Journey

When our 24-hour Help Line rings or a victim of abuse walks through the door, someone is beginning the journey to Healthy Me. While most people think of our Emergency Services as being focused on providing safety, things like emergency housing and case management create a foundation upon which survivors can start to rediscover who they are and their purpose.

Once people feel safe—often for the first time in years—their case manager helps them find the support and resources they can use to rebuild their lives and restore important relationships in healthy ways. Working with our on-staff therapist, sharing in support groups, and talking with our staff, they begin to recognize they did not deserve to be abused and just as important, that they're not making this journey alone. They have begun the healing process and are well on the way to place we know as Healthy Me.

## Healthy Me. Stronger Us.

You may have noticed our website and other materials have begun to include the phrase "Healthy Me. Stronger Us." Since opening our doors 17 years ago, we've been a safe haven to survivors of domestic violence, and that will continue to be the case. Over the years, our approach to serving survivors and the community has evolved, and it's time for our identity to display that.

"Healthy Me" reflects our goal of helping those we serve become the best version possible of themselves, rather than carry the unworthy feelings their abuser's actions have caused. They also develop the tools and resources needed to live the way God intended them to live. When we empower and equip people to live out their full potential, we create a "Stronger Us." We become a broader community of people and groups such as businesses, churches, social service providers, families, and neighborhoods eager to provide support, hope, love and resources to one another—especially to those in need, such as victims of abuse.

"Healthy Me. Stronger Us." is a positive message and a realistic goal that guides everything we do in the name of Christ to serve His kingdom on Earth. It's also a powerful reminder of just how important each of us and our own well-being is to the health of our communities.

### *Letter from a Resident*

#### Working Towards a Healthy Me

*I envision being successful, having a career that allows me to come home happy every day knowing that I've done something to help people and to feed my soul. I envision me and my children smiling a lot and laughing more. I can see them blossoming into great teenagers and on into adulthood. They're not going to have to see me hurt anymore.*

*With the knowledge I've gotten here and the help I've gotten here, I'm going to prove to the Lord that I'm going to take what has happened to me and turn it into a blessing for other people. That's my plan. "Brenda"*



Providing safety every day

Sheltering Wings is currently home to **62** RESIDENTS. We've handled **23** HELP LINE CALLS since January 1.

"A victim is a victim, and we want to help all victims become survivors in their own right."



Sheltering Wings became a shelter for women and children 17 years ago because our original board was aware of the need to provide safe housing for women escaping domestic abuse. They didn't discuss the potential to house male victims of abuse because they were unaware the need existed.

Since then, domestic violence shelters have become increasingly aware that men can also be victims. We've watched the demand for services for men grow as awareness increases and additional resources become available.

Our board and staff have decided it's time to expand the services we provide to male victims to include safe housing. We want to make sure every victim has access to safe housing and appropriate support and services. And we will continue to deliver our programs and services with the Christ-centered approach that's been the mission of Sheltering Wings since the beginning.

Domestic violence is not just a women's issue. It's a family issue. A victim is a victim, and we want to help all victims become survivors in their own right. We haven't changed our mission or our focus. We've simply expanded it to help more people.

## SHARING OUR SUPPORT with more people

In 2019, Sheltering Wings will add facilities to house men who are victims of domestic violence with the same Christ-centered programs and support services we already offer to women.



We're Indiana's **ONLY** domestic violence shelter that **DOES NOT OFFER** safe housing for **MEN**.



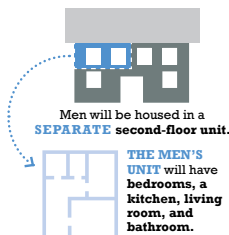
One in seven men and one in four women have experienced severe physical violence by an intimate partner during their lifetime.



Two in five men have experienced coercive control by an intimate partner.



**Our mission does not change. It's simply expanded.** Everything we do will continue to be Christ-centered.



Men will be housed in a **SEPARATE second-floor unit**.

**THE MEN'S UNIT** will have bedrooms, a kitchen, living room, and bathroom.



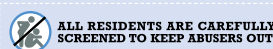
We've housed women and children for **17 YEARS** SHELTERING WINGS



We'll provide the same programs currently offered to women to **HELP MEN BUILD STABLE, INDEPENDENT LIVES.**



Men will also have access to training and classes.



**ALL RESIDENTS ARE CAREFULLY SCREENED TO KEEP ABUSERS OUT.**



In 2018, police from **HENDRICKS COUNTY** went on **68** domestic disturbance runs where the **male was the victim**.

SHELTERING WINGS | shelteringwings.org | CALL OUR 24/7 HELP LINE AT 317-745-1496



## Hop for Hope a hit

Our Teens That Talk youth group hosted its second annual Hop for Hope Jump-A-Thon at Skyzone, and 136 students from 12 different schools gathered for a fun evening of hopping and games. We appreciate our generous sponsors and everyone who participated!

PRESENTING SPONSOR



West Hospital



SKY ZONE TRAMPOLINE PARK

ADDITIONAL SPONSORS

Hendricks Power  
Chicago's Pizza Plainfield  
Chick-Fil-A Avon  
Kingsway Student Ministry

To make an easy donation online, visit [www.ShelteringWings.org](http://www.ShelteringWings.org) and click

**DONATE NOW**



## Volunteer Spotlight Mark Putman



### How and when did you first become involved in volunteering with Sheltering Wings?

When we were visiting a church shortly after we moved to Indiana from Illinois, there was a promo done for Sheltering Wings and one of their events. Having recently relocated we were interested in finding ways to get involved for Christ in our community. We looked at the website to get an idea and then called to get more information. We were put on an email list and scheduled for volunteer training. However, before that occurred a call went out for men to help a resident who was graduating move donated furniture into her new apartment, which I was able to do. That happened in November 2017 and was my first volunteer experience.

### What have you learned most from being a volunteer at Sheltering Wings?

I think the greatest lesson has been the resiliency of the residents and their children. Sheltering Wings provides them with a safe place to heal and grow, and it seems that many of the residents are able to do exactly that. The other thing that really sticks out is the faithful caring the residents receive from the staff. "All In" is a great way to describe their commitment.

### How do you feel your role as a volunteer has helped the residents at Sheltering Wings?

My hope is that all contributions as volunteers, mine included, demonstrate to the residents that they are not alone. That the residents see there are others in the community who give of their time and effort to come alongside them, as living witnesses of the love found in Jesus Christ. A tangible representation of the living God who cares for them more than they know.

## Men IN Action to read to kids

On Thursday, March 21, hundreds of local men visited all 30 elementary schools in Hendricks County, where they read a book to every classroom. The book focused on character traits such as support, positive identity, positive peer influences, and a commitment to learning, and the volunteers used the book to prompt conversations with the children about those traits.

They joined the efforts of our Men IN Action group, which brings men who want to play active roles in helping our communities address and overcome domestic violence by building each other up, holding each other accountable, challenging the status quo, and serving as positive role models. We hope the event also encouraged them to become active volunteers with young people in our community.

This volunteer event reinforced our desire to raise a new generation built on trust, honor and respect for one another. It also reflected our enhanced prevention efforts built around what are known as the 40 Developmental Assets—traits that increase the ability of young people to grow into healthy, caring and responsible adults who demonstrate respect, honor and integrity in their actions.

## "Home" was where the heart was

This year's edition of our Premier Event had a simple name that was meaningful to everyone who attended: Home. Our guests proved home is truly where the heart is by demonstrating their heart for Sheltering Wings and those we serve, with total contributions of \$140,000.



Thanks to everyone who attended, those who helped, and our many sponsors!

### PLATINUM SPONSOR (PRESENTING)



### TITANIUM SPONSOR



### GOLD SPONSORS Hendricks County Flyer

### SILVER SPONSORS

Hendricks Regional Health  
IU Health West  
Pools of Fun

### BRONZE SPONSORS

Clark CPA Group  
Compass Medical Solutions  
Hendricks Power  
R & M Electric  
Ray's Trash Service, Inc.  
Rozzi & Associates  
Stamatkin Table  
Steel Dynamics



# Double the Impact! Double your Dollars!

Does your employer match your donations to organizations like ours? Check with your employer to find out!

## Help us create Healthy Me and Stronger Us

I want to help Sheltering Wings make the individuals, families and our community healthier and stronger by helping one survivor of domestic violence at a time. Please contact me about making a monthly tax-deductible donation of:

- \$250     \$100     \$50  
 \$25     \$ \_\_\_\_\_

Today I would like to make a one-time, tax-deductible donation of:

- \$250     \$100     \$50  
 \$25     \$ \_\_\_\_\_

I've enclosed my check # \_\_\_\_\_

Please charge my credit card  
\$ \_\_\_\_\_

Visa     MC     Discover     Amex

CREDIT CARD NUMBER

□□□□□□□□□□□□□□

□□□□

Exp. Date (MM/YY): □□ / □□ CW \_\_\_\_\_

Sign your name \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_



Partner  
with us

## I am interested in:

- Becoming involved with Men IN Action
- Helping with administrative work in the office
- Helping with Children's Activities at the Shelter
- Inviting a Shelter rep to my church or group to share an update
- Becoming a monthly prayer partner
- Helping with upcoming events
- Serving on the Youth Council
- Learning more about planned giving (wills, bequests, donor-advised funds)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

SHELTERING WINGS



Healthy Me. Stronger Us.

[shelteringwings.org](http://shelteringwings.org)



# SHELTERING WINGS



P.O. BOX 92 | DANVILLE, IN 46122



West Hospital Thank you to IU West for sponsoring our newsletter.

*Special thanks to...*

**We appreciate those who have helped us in special ways, including:**

- **All those who supported our families during the Christmas season**, making it a memorable holiday.
- Our Christmas Elves: **Michelle Payne, Ronda Rosenbaum, Lori Bassett, Sheree Hess**
- **All our volunteers** who helped with our Residential Christmas Party and Annual Cookie Bake.
- **The FOP** for inviting our families to their annual Christmas Party.
- Employees of **Maplehurst Bakeries** for their financial contributions.
- **Our Premier Event Committee Volunteers** for your help in making our event successful.
- **Everyone who donated items** for our Premier Event
- **All of our Children's Activities Volunteers** the evening of our Premier Event
- **Amy Boyles and Rochelle Perkins with United Way** for helping our residents with tax preparations
- **Michelle Payne** for supporting our residents during the Embracing Empowerment Support Group.



## Stay connected

It's easy to stay informed about domestic violence and what Sheltering Wings is doing.

**Like us** on Facebook  
(@ShelteringWings)

**Follow us** on Twitter, Pinterest,  
and Instagram (@ShelteringWings)

**Sign up** for our monthly **INSIDER** Email,  
prayer list, and wish list at  
[ShelteringWings.org/stay-connected](http://ShelteringWings.org/stay-connected)

Want to know more about domestic violence?  
Know a victim who needs help? Interested  
in how you can help Sheltering Wings?  
You'll find the answers to these questions  
and a tremendous amount of other helpful  
information at [shelteringwings.org](http://shelteringwings.org).