

# Safety is in our HANDS



## HANDS & WORDS can HELP



help with a chore



give a hi-five



be kind to your brother



lend a hand



encourage someone who's sad



comfort your sister



hang with a friend



play with a pet



threatening or bullying



using unkind words



pushing or tripping



calling names



fighting or choking



screaming or yelling



arguing



hitting or slapping

## HANDS & WORDS can HURT

If someone ever uses their **HANDS** or **WORDS** to hurt you or someone you , talk to an adult you can trust.