

SHARED BLESSINGS

SUMMER 2013 NEWS from SHELTERING WINGS

"In the shadow of your wings I take refuge, till harm passes by" — Psalm 57:2

"We are God's fellow workers." I CORINTHIANS 3:9

You already know that Sheltering Wings is here for women and children



You may not be among the 2,500 women and children who have found a safe haven under our roof, but with one in four people affected by domestic violence, you know (or will know) someone who needs help. Our friends and family support groups can help you find the right words and actions. We've helped local pastors understand what to do when a church member shares her fear. We've helped local employers learn that unexplained absences may be a symptom of a problem that needs assistance.

When you give your time and treasure to us, you're providing safety and hope to women and children, but you're also giving back to your community. The more everyone understands about domestic violence, the better we'll all be at eradicating it from our communities.

Whether you support us for faith, for justice, for love, or for all those and more, we pray that you are richly rewarded for your selfless giving, and for joining with us to offer hope in a world that so desperately wants and needs it.

The need is great

We've answered more than 12,000 crisis calls since we opened our doors, with more than 450 so far this year.

LETTER FROM A RESIDENT

Lives are changing

Thank all of you so much for all of the motivation you have provided me in the last month we've been here. If it wasn't for all of you, I wouldn't have been able to take or pass my GED! This is a huge accomplishment for me, and I'm finally realizing my potential. You guys are AMAZING and you have all been a blessing in my life and my daughter's! Receiving my GED is only my first step—I still have a long way to go. Thanks for getting me one step closer. —Julia

THANK YOU to Duke Energy and the Hendricks County Community Foundation for funding our GED program



How much can you accomplish?

What can \$27 do? Believe it or not, we can feed all of our residents for one day for \$27. We've been looking for individuals and groups who will pledge to give \$27 a month for one year, so they can provide our food needs for one day each month. We have just five days to go before we'll have the entire month covered!

If you or your group can step up and take one of those five days, call us at 317/745-1496. Ask how you can get a free T-shirt, too!

Can you make a one-time \$2,800 contribution? That provides a full day of support for everything we do, and if you or your group can donate that much, we'll name a day after you! Our residents will express their gratitude for changing their lives by creating a handmade certificate of appreciation for you.

\$27.00
will feed **ALL**
of our residents
for one day

Save money and help our residents

Want to help our families while you help yourself to smaller energy bills? We're offering Residential Home Energy Assessments through Energizing Indiana, and for every household that completes an assessment, our capital campaign will receive \$25!

Your home energy assessment takes just an hour, and you'll receive a comprehensive report with personalized ideas for saving energy and improving comfort, along with a free energy savings kit. **Visit <http://www.energizingindiana.com/programs/residential-home-energy-assessments/> to see if you qualify.**



West Hospital Thank you to IU HEALTH for funding our general education and awareness programs.

How do we measure success?

When a woman leaves Sheltering Wings for a safe, independent life, we know we have succeeded. But that isn't the only way we gauge our progress towards accomplishing our mission.

We use a variety of quantitative and qualitative methods to assess each family's progress, evaluate our programs, and identify opportunities for improvement.

Some of our goals include:

70% of women who leave our shelter exit to a positive housing destination.

100% of residents receive emergency crisis intervention and safety planning.

100% of children who stay at Sheltering Wings for at least 72 hours learn effective methods of keeping themselves safe and learn at least one safe, effective way of responding to stress in a relationship.

100% of Lethality Assessment Protocol calls from law enforcement personnel

receiving the resources and information needed to protect domestic violence victims.

We have a variety of other goals we measure, too. We study the effectiveness of community education efforts such as presentations and this newsletter. We try to reach as many teens as possible to help them recognize and respond to dating violence. We track our efforts to share information with churches, businesses and civic groups, so they can help people around them. Everything we learn helps us refine our programs and processes, so we can serve our mission and our community more effectively.

We appreciate those who have helped us in special ways, including:

a Special
thanks

- **New Day Church**, for cleaning, painting, fixing cars, and assembling bikes.
 - **Kingsway Christian Church**, for yard work by their We Love Avon day of Caring groups.
 - **Cornerstone Chiropractic**, for hosting a Help the Shelter Month.
 - **Red Lobster, Olive Garden and Longhorn Steakhouse**, for special support.
 - **Fifth Third Bank**, for hosting Community Day.
 - **Our Shepherd Lutheran Church** for cleaning the shelter.
 - **TriMedX** for cleaning the pantry
 - **World Ventures, Jordan Sparks and Nancy Lieberman** for our new Dream Court.
 - **Hendricks County Farm Bureau**, for hosting a food drive and inviting us to speak
 - **PEPSICO** who hosted a Career Day for our women
 - **Chapel Hill and HIP studios**, who both organized a clothing drive fundraiser
 - **Indiana Members Credit Union**, for promoting the Hendricks County Home and Garden show
 - **Plainfield United Methodist**, for hosting a Tea Party
- And to all of our El Roi room sponsors!**
- **Special Volunteers** who went above and beyond this past quarter: Carolyn Livingston, Linda Stillings, Cheryl Fogue, Kim Ordo, Kay Pruett, Sherry Mitchem, Emily Campbell, Amy Thompson and Karen Stacey



At the right is Ramon, she is pictured with Linda Wells, our Residential Manager.

Ramona our advocate of the Year

We recently honored one of the strongest women we know. Ramona escaped violence in her home for the safety of our shelter. She received a GED with honors, and after she successfully moved into her own home, she joined our staff as an Assistant. Her desire to work with our clients was so evident that we quickly promoted her to an Advocate.

Ramona is quiet, but when she speaks, everyone listens. She is wise, careful with her words, a role model through her own success, and passionate about keeping women from speaking poorly about themselves. We promoted her to a Case Manager position in January, and she celebrated her fifth anniversary as a Sheltering Wings employee. We are very pleased to recognize her as our Advocate of the Year.

We need your help

It's already time to plan for our annual observance of Domestic Violence Awareness month on October, and with one in ten women suffering from domestic violence, we've got plenty of work to do. We have five weeks of activities lined up, and we'll need lots of volunteers. If you're willing to help or want to know more about opportunities, **please call us at 745-1496.**

- 10/1** Special DV vigil at the shelter
- 10/8** Friends and family night
- 10/15** Clergy training
- 10/22** Teen dating violence info workshop
- 10/24** Open house, tour and DV 101 info
- 10/29** How DV affects the work place

We're also gearing up with Christmas planning and new other events in 2104.
Want to help? Call Donita at 386-5062

Donate a Vehicle and Support Sheltering Wings

Your vehicle will sell at auction with proceeds helping us achieve our mission.

We all want to help others, but not everyone has extra cash to make a donation. What about that vehicle in your driveway that you no longer use? Did you know you could donate it? That's right—any vehicle, in any condition, can be donated to directly benefit us! Donated vehicles are sold at auction with the proceeds coming back to us. Best of all, your donation may be tax deductible*, and your vehicle can be towed for free!

1. You contact insurance Auto Auctions (IAA) Donations Division
2. IAA tows the vehicle
3. IAA auctions the vehicle
4. You get a sales receipt to file for tax deduction
5. We receive the proceeds



We accept every type of vehicle including:

- Boats
- Snowmobiles
- Cars
- Personal watercraft
- Heavy equipment
- Trucks
- Motorcycles

Donate Today

1.855.811.8924

uwci.org/autodonation

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*Consult your tax advisor

Our work continues:

It's not "boys being boys"...

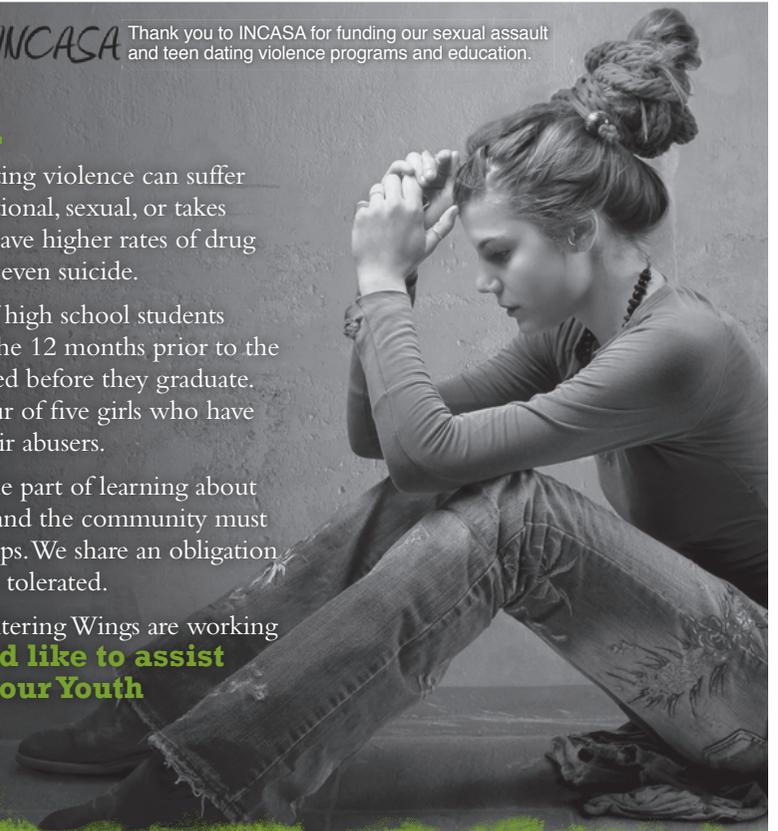
...the teen years are tough for everyone, but those who experience dating violence can suffer a lifetime of consequences. Whether that abuse is physical, verbal, emotional, sexual, or takes another form, it leaves alarming legacies. Teens that experience abuse have higher rates of drug abuse, school drop-out, high-risk sexual behavior, acts of violence, and even suicide.

According to the Indiana Youth Risk Behavior Survey, 11.3 percent of high school students report having been physically hurt by their boyfriend or girlfriend in the 12 months prior to the survey. Nearly one of every six of Indiana high school girls will be raped before they graduate. Both rates are well above the national averages. Even more chilling, four of five girls who have been physically abused in an intimate relationship continue to date their abusers.

Teen dating violence isn't a matter of "boys being boys" or an inevitable part of learning about relationships. It's a crime with lasting repercussions. Parents, educators and the community must work together to help our children learn to identify risks in relationships. We share an obligation to eliminate these risks and make it clear that dating violence won't be tolerated.

The Hendricks County Coalition Against Domestic Violence and Sheltering Wings are working on a Dating Violence Protocol, and we'd welcome your help. **If you'd like to assist our Teen Dating Violence Task Force or serve on our Youth Council, please call us at 745-1496.**

INCASA Thank you to INCASA for funding our sexual assault and teen dating violence programs and education.





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West Hospital

INCASA Thank you to **INCASA** and **IU West** for sponsoring our newsletter.

RECENT TWEETS TO SHARE

6/20 Thanks to Dream Courts and Nancy Lieberman for the visit and the news basketball court!

6/17 Love our community—thanks to First Merchants for supporting our women and children!

6/15 Met with a previous resident who said, “If it weren’t for Sheltering Wings, I would not be alive.”

6/10 Thanks to LKQ for hosting a car show benefiting our women and children.

6/8 Three women earned their GED this week!

6/7 Children are silent victims. Isn't saving a life worth \$27?

6/5 Staff retreat reminds us of the importance of fruit.

6/4 What really happens during a crisis call? Trained 9 different churches this evening.

The top 10 ways to be involved

- #10: Join us in our 31 days of prayer.
- #9: Help with administrative work in our office.
- #8: Provide child care or be trained as an advocate.
- #7: Invite us to share an update with your church or group.
- #6: Help us organize events.
- #5: Participate in our domestic violence awareness campaign.
- #4: Serve on our Teen Council.
- #3: Sponsor a room for a resident.
- #2: Give on a monthly basis.

And #1: Leave a lasting legacy through your estate plan.

Call us at 317/745-1496 to get involved!

Show your Support with every purchase you make!

Apply for the **SHELTERING WINGS CREDIT CARD**

Donate to our cause with your everyday purchases!

Earn \$50 for our organization after your first purchase with your card.

A Percentage of every purchase you make is donated to our organization

Personalized images to increase awareness with every swipe.

Apply Today!

www.CardLabConnect.com/shelteringwings

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This Card is issued by Capital One pursuant to a license from VISA U.S.A. Inc. Credit approval required. Terms and conditions apply.

Capital campaign update

We're getting closer, but we still need \$221,000 to reach our goal and complete our new rooms. If you can help, please call April at 317/718-5050.