

# SHARED BLESSINGS

SUMMER 2016 NEWS from SHELTERING WINGS

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind.*— ROMANS 12:2

## Director's Discussion *Cassie Martin, Executive Director*



**CALL OUR 24/7  
HELP LINE AT  
317-745-1496**

stress, manage anger, and parent more effectively. We want them to develop all the skills they need to live safely and independently, from budgeting to self-advocacy.

When a woman arrives at Sheltering Wings, our goal isn't for her to simply conform to society's standards. We hope she'll experience a transformation that will dramatically change her today and every day for the rest of her life. Her transformation is our ultimate goal.

The words "conform" and "transform" may end the same way, but they produce very different results. When you conform, you comply with rules and behave the way society expects. Transformation, on the other hand, involves a dramatic or complete change in your form, appearance, or character.

Our first priority is providing emergency housing for women and children who are escaping domestic abuse. Once their safety is assured, we lay the groundwork for transformation through Life Skills programs and services that build self-sufficiency. We want them to deeply understand that they are worthy of honor and respect. We want them to eagerly reach out and take advantage of the educational and occupational opportunities available to them. We want them to learn how to cope with

## The need is great

As this newsletter was being printed, Sheltering Wings was housing **24** women and **37** children. Since January 1, we've handled **372** crisis calls.

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## A special way to help

You probably know that our many supporters contribute to the overall well-being of the women and children who call Sheltering Wings home. But did you know that there's a special group that helps out when families encounter unique or unexpected needs?

Donors to our El Roi program are here to help when women and their children have needs that go beyond the normal scope of our services. For "Jan" in the letter at right, that need was driving lessons so she could obtain her license and become more self-sufficient. Other recent examples include providing help with travel expenses so a resident could address legal problems in another state, and helping another resident with legal fees to solve an issue.

El Roi sponsors agree to make an annual \$500 donation to a special fund we've created so we can meet these needs when they arise. In return,

we let the donors know how their generosity helped our residents. The program's name comes from Genesis 16:13, when Hagar referred to El Roi, "the God who sees." Donors become God's eyes, seeing to the special needs of courageous women who seek safety and independence.

Would you be willing to help in this way? **Please call our Annual Fund Coordinator, Autumn Bucy, at 317-386-5050.** She'll be happy to answer your questions.

### LETTER FROM A RESIDENT

I feel so excited to finally be working on going to get my license. It means to me my independence. I have won over one of my fears. I had a fear of driving because of an accident I had in my 20s. Now I am over it and ready to move on because I know I can do it with God and Sheltering Wings on my team. You made it all possible.  
Love ya'll forever, — "Jan"

## Resources for the community

People think of us primarily as a place that offers safe haven to women and children who are escaping domestic violence. However, we also offer a variety of helpful resources that are open to the community, including:

### HIGH SCHOOL EQUIVALENCY.

We offer a class to help our residents and community members complete their high school education (what used to be known as GED). Students work at their own pace with guided instruction and evaluation from a licensed educator. Tuesday and Wednesday evenings, from 5:30 to 8:30 p.m. in our Community Room

### EMBRACING EMPOWERMENT.

This support group is open to anyone whose life has been affected by domestic violence. It fosters an understanding of the difference between healthy and unhealthy relationships, the dynamics of domestic violence, personal safety, and the resources that are available. Thursday evenings, 6:30 to 8:00 p.m. at the shelter.

### PROTECTIVE ORDER ASSISTANCE.

While Sheltering Wings cannot issue protective orders, our case managers can help people with the process. We provide assistance in completing and reviewing the paperwork (which can now be submitted online), and accompany them to court when needed.

**To learn more, please call our 24-hour hotline at 317-745-1496.**



## Tee off for Sheltering Wings

We're getting ready for our Second Annual Fairway to Haven Golf Outing. Mark your calendar for Wednesday, June 29, at West Chase Golf Club in Brownsburg. Registration will begin at 11:00 a.m., with a shotgun start at 12:30.

Even if you're not a golfer, you can join us for dinner at about 5:00 p.m. that afternoon. All proceeds will benefit Sheltering Wings. **To register or learn about sponsorship opportunities, please visit [shelteringwings.org/fairwaytohaven](http://shelteringwings.org/fairwaytohaven)**



## Four areas of life skills

Nine of every ten women who come to live at Sheltering Wings lack the resources for a healthy independent lifestyle. Our Life Skills program focuses on developing those all-important proficiencies so that those women will be able to live safely and independently outside the shelter. We offer four phases of Life Skills training, allowing women to focus on the areas they feel they need most. Our case managers also use matrix scores to make recommendations.



**JOB SKILLS TRAINING** assists with online job searches, mock interviews, resume development, skills training workshops, and individual career counseling. We work with community partners to offer pre-employment programs that help survivors acquire the workplace skills they need.

**EDUCATION CONCENTRATION** helps women further their education and increase their marketable skills. We focus on helping women achieve a stronger sense of self-determination and complete their educational goals. That may include English as a Second Language classes.

**FAMILY DEVELOPMENT SKILLS** provide educational, early child development, health and wellness, and life skill development for mothers and their children. We know that school-age children do better during this transitional time when they continue their education, so

our children's case manager works with families and schools to obtain safe transportation and ensure that the school is aware of any accommodations the student may need.

**HEALING HURTS & OPPORTUNITY** addresses the needs of women who come to Sheltering Wings while dealing with mental illness, addictions, and disabilities. This way, women can connect with services from local mental health providers while living in the safety and stability of the shelter.

We provide many of these services through partnerships with community resources. These resources are essential to helping women live safe, independent lives. When they're ready to leave, we want them to be connected with those services, from support groups provided by local churches, to job-skill training, to educational resources. Working together, we help women move toward success and independence.

## Life skills boutique

Another aspect of our Life Skills program is a boutique for our residents. When women participate in programs, meet with their case managers, and work on family development, they earn "beauty bucks" they can use to buy items such as make-up and accessories from the boutique.



The boutique does more than simply allow women to treat themselves. It helps them develop budgeting and saving skills that will serve them when they're on their own. It also enhances their self-esteem and boosts their morale.

Our boutique is stocked by donations from shelter supporters like you, and we always need items such as these to fill our shelves:

- Purses
- Jewelry
- Makeup
- Sunglasses
- Shower gel
- Body lotions
- Scarves
- Shoes

## We appreciate those who have helped us in special ways, including:



- **For King & Country**, who took time out of their busy touring schedule to perform a private concert for our residents and staff.
- **Jeff Stewart**, whose Eagle Scout Project supported Sheltering Wings through a delightful afternoon of entertainment from talented Danville High School students.
- **Maplehurst employees**, who supported us through their employee campaign.
- **Avon Rotary and Avon High School Interact Club** for donating Prom Sale proceeds.
- **Our Teens That Talk teen council**, who submitted a grant for a soccer program and equipment.
- **TJX, the REALTOR® Foundation, the First Lady's Charitable Foundation**, and several **Wal-mart locations (Danville, Brownsburg, Plainfield, Plainfield Ecommerce and Sam's Club)** for their generous grants.
- **The many organizations and businesses that provide opportunities for our residents and staff to attend local events.**

# Support our work

Yes, I want to ensure that all victims have the resources they need. Please accept my tax-deductible donation of:

- \$25     \$50     \$100  
 \$250     \$ Other \_\_\_\_\_
- Monthly     One Time

To make an easy donation online, visit [www.ShelteringWings.org](http://www.ShelteringWings.org) and click **DONATE NOW!**

- I've enclosed my check # \_\_\_\_\_
- Please charge my credit card  
\$ \_\_\_\_\_
- Visa     MC     Discover     Amex

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SIGN YOUR NAME: \_\_\_\_\_

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Phone \_\_\_\_\_

Email \_\_\_\_\_



P.O. BOX 92 | DANVILLE, IN 46122

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TRIM OUT AND RETURN TO SHELTERING WINGS

GIVING

# Help us out

I'd like to volunteer.  
I am interested in:

- Helping with administrative work in the office
- Providing child care at the Shelter
- Inviting a Shelter rep to my church or group to share an update
- Becoming a monthly prayer partner
- Organizing events
- Helping with the Shelter's domestic violence awareness campaign in October
- Serving on the Youth Council
- Sponsoring a room to help a family overcome barriers
- Learning more about planned giving (wills, bequests, donor advised funds)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Look for  
us on



Facebook, Twitter,  
Instagram and Pinterest!

Volunteer





West Hospital **Thank you to IU West for sponsoring our newsletter.**

## What's on our Wish List?

When you provide items from our Wish List, we don't have to spend money to purchase them. That turns generosity into savings of thousands of dollars every year! Our current wish list is at [shelteringwings.org](http://shelteringwings.org). Can you help with these ongoing needs?

- Postage stamps
- Large paper clips
- 39 gallon trash bags
- Gift cards (gas stations and Lowe's)
- Neosporin, Advil and Tylenol, Cold Medicine (adult and baby/children)
- Disinfectant spray and dryer sheets
- Copy paper
- Black Sharpies
- Ziploc bags (gallon)

## Our website is a community resource

Want to know more about domestic violence? Know a victim who needs help? Interested in how you can help Sheltering Wings? You'll find the answers to these questions and a tremendous amount of other helpful information at our recently updated website [shelteringwings.org](http://shelteringwings.org).

## Please stay in touch

We make it easy to stay informed about domestic violence and what Sheltering Wings is doing:

- Like us on Facebook ([Sheltering Wings](https://www.facebook.com/ShelteringWings))
- Follow us on Twitter, Pinterest, and Instagram ([@ShelteringWings](https://www.instagram.com/ShelteringWings))
- Sign up for our monthly Insider Email, prayer list, and wish list at [www.ShelteringWings.org/stay-connected](http://www.ShelteringWings.org/stay-connected)

